



TRANSINTIMATE

Support Beyond Pronouns
and Bathrooms

POST-CRISIS SUPPORT FOR THE 2SLGBTQ+ COMMUNITY



Basic Needs
Resources



Advocacy



Mentorship



Resilience to 2SLGBTQ+
Related Stress



Support Groups



Referrals to
Affirming Care

refer@transintimate.com

refer@transintimate.com



TRANSINTIMATE

Support Beyond Pronouns
and Bathrooms

POST-CRISIS SUPPORT FOR THE 2SLGBTQ+ COMMUNITY

What is TransIntimate?

TransIntimate is a community-based peer support organization for 2SLGBTQ+ people experiencing a crisis. We also educate the wider community to prevent further crises.

TransIntimate began as an education organization to better serve gender-diverse individuals. It has expanded to offer parent support groups and crisis support.

Can I talk to someone about my concerns or questions?

Yes! Please email refer@transintimate.com or call 928-224-9301 to discuss your specific circumstances and collaborate on how to offer this to the people you serve.

We are here to catch our community during a difficult time.

We offer no-cost 90-day support for 2SLGBTQ+ people in Coconino County, Arizona. We are peers with lived experience and social work training. We provide mental health mentorship and referrals to affirming providers to help people meet their basic needs and thrive.

Coconino County

[TransIntimate.com](https://transintimate.com)

refer@transintimate.com

928-224-9301

Program Info

How do I refer someone to you?

Email refer@transintimate.com with the client's name, pronouns (if you know them), phone number, and email.

What happens when I refer someone to you?

We will contact them and set up an initial meeting. Sessions are no-cost, voluntary, and can be in our Flagstaff office, virtual, or in-home. We provide case management for basic needs and affirming services, as well as interim mentorship around LGBTQ-related and other stressors.

What is a “crisis” to qualify for this service?

Crises are self-defined. People can call a crisis line, be referred to us, or self-refer. If you or someone else is unsure if they would qualify but could use support, please contact us. Let's prevent future crises together.

What happens after 90 days?

Clients will not automatically be turned away after 90 days. We will work together to determine appropriate termination based on when they find affirming mental health care or receive access to other services they need.

Talking to your Clients

I don't know the gender or sexuality of the people I work with. How do I respectfully offer this support to my clients without offending someone?

Many clients will not feel safe or comfortable sharing their gender identity or sexual orientation unless you ask them and tell them why you are requesting it. Here is what we suggest: ***“There is a program that offers free peer support for LGBTQ and Two-Spirit people following a crisis. Would you like these services?”***

People from our community look and sound many different ways, so it is essential to offer this service to every person. We advise that you don't make assumptions and miss offering valuable services to people who may benefit from them.

What do I say when someone asks me what LGBTQ+ means?

Keep your tone casual and calm. “It means Lesbian, Gay, Bisexual, Transgender, Queer, and other identities.” Move on and continue treating this person with respect and dignity.

What do I say when someone asks me what Two-Spirit means?

Here's what we say: “It is a word created by Native people to describe gender and sexual diversity and the cultural roles they have. It's for Native people specifically.”

FAQ

What if someone gets angry when I ask if they would like a service for LGBTQ+ people?

Sometimes, people will get angry or activated by this question, especially if they are vulnerable in other ways, such as at a crisis point. Continue treating this person with respect and dignity. Practice de-escalation techniques, like apologizing for upsetting them and repeating that this is something you offer to everyone because you don't want to assume. For example, “No problem; we offer this to everyone, and don't assume.” Then, move on to the next part of your intake/discharge.

Can you tell me more about the term Two-Spirit?

Two-Spirit is a term created by and for Native and Indigenous community members to describe sexual and gender diversity while also honoring the important cultural role that they have played within their tribes for millennia before colonization. This word refers to the feminine and masculine spirits within these relatives. It is disrespectful for non-Native people to use this term to describe themselves. Not all Native and Indigenous relatives who are gender-diverse or sexually diverse identify as Two-Spirit or LGBTQ+; some identify as both. Follow the lead of how a person refers to themselves. ***We recommend always using Two-Spirit or 2S when offering these services.***